

2010 SHOEBOX APPEAL for the ELDERLY

Your help for the needy in Romania

Food parcels are needed as poor people can scarcely afford food. (Donations of money most welcome to buy food in Romania and save transport - cheques payable to JOY please)

Each person/family obtains an empty shoebox (medium size, strong)

Pack dried food (all in date to April 2011) i.e. any items listed below.

Do NOT include anything not on the printed list.

NO tins except meat or fish, NO 2nd hand clothes, NO soft toys etc.

NO food items not in manufacturer's packs

You may send a Christmas card:

CRACIUN FERICIT means Merry Christmas in Romanian.

The box may be gift-wrapped, but the top must be separately wrapped from base.

Please attach the list below with contents ticked, on the **OUTSIDE** of the parcel.

The cost of each lorry is £3,000, so we ask for a donation of £2, which will go towards transport costs. Please attach £2 to the **OUTSIDE** of the wrapping.

Tear off slip below and attach to outside of parcel:

Food Parcel - Elderly				
<i>Please tick contents</i>	<i>Tick</i>			
Dried fruit				
Packet soup				
Vegetable mix				
Sugar				
Dried milk/horlicks				
Tin fish/meat				
Complan				
Soap – double wrapped				
Colouring book/pencils for a grandchild				
Toothbrush/paste				
New gloves/scarf				
New hat/socks				
Adult	M		F	